

Little eyes learn from big feelings.

Children behave in school the way they experience emotions at home. Your calm, patience, and kindness teach them how to cope with frustration, follow instructions, and manage their feelings with others.

Frequent, intense, or poorly resolved arguments between parents and co-parents can affect children's wellbeing, behaviour, and sense of safety. Small changes in how you talk to each other make a big difference.

LEARN MORE



Reducing Parental Conflict
East Midlands

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